

PADRECC
Hunter Holmes McGuire VAMC
1201 Broad Rock Boulevard #127
Richmond, VA 23249

*PD Community Education Day,
October 7, 2006 - Richmond, VA*

Parkinson's Disease Community Education Day October 7, 2006

*For People & Families
Living with
Parkinson's Disease*

**Holiday Inn Select
Koger South
Conference Center
1021 Koger Center Blvd.
Richmond, VA 23235
804-379-3800**

Sponsors

Parkinson's Disease Research Education
and Clinical Center (PADRECC)
Richmond/Southeast

American Parkinson
Disease Association (APDA) Richmond
Metro Chapter and Circle Center
Support Groups

APDA Information and Referral
Center of Virginia

University of Virginia Health System

Virginia Commonwealth University
Medical Center

Program Agenda

8:15 – 9:15 am	Arrival, Check-In & Continental Breakfast
8:30 – 9:00 am	"Parkinson's Disease 101" - Miriam L. Hirsch, MS, RN <i> optional session for those newly diagnosed</i>
9:15 – 9:30 am	Welcome & Introductions
9:30 – 10:15 am	"What is Parkinson's Disease?" Fred Wooten, MD
10:15 – 10:30 am	Break/Visit exhibits
10:30 – Noon	KEYNOTE: "Nutrition & Parkinson's Disease" Jackie Nielsen, MS, RD, CDE
Noon – 1:15 pm	LUNCH/Raffle & Door Prizes
1:15 – 2:00 pm	"Complementary Medicine & Movement Disorders" Anna Hristova, MD
2:00 – 2:15 pm	Break (including Closing Remarks)
2:15– 3:00 pm	BREAKOUT SESSIONS (Choose one session) A. "Role of Exercise for People with PD" Laura Lee, MD, MBA Susan Cornell, Fitness instructor B. "Living Well with a Chronic Illness" Scott Wylie, PhD
3:00 pm	Adjournment